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Big increase in diabetes

糖尿病患者人数剧增



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根据世界卫生组织的报告，大约每十一个成人中就有一人患糖尿病。统计数字显示，全世界每年有 150 万人因患糖尿病而死亡。以下是 BBC Krista Beighton 的报道：

The World Health Organisation says we are facing an **unrelenting** march of diabetes cases. In a major report it **warns** that cases rose from 108 million in 1980 to 422 million in 2014.

The increase is **predominantly** down to type 2 diabetes - the form associated with poor eating habits.

In the 1980s the highest rates were found in **affluent** countries. But in a **remarkable** transformation it's now low and **middle income** countries seeing the steepest increase in cases.

The WHO says the numbers will continue to rise unless **drastic** action is taken.

词汇表

unrelenting	无法阻挡的，无休止的
warns	警告
predominantly	主要的，绝大多数的
affluent	富足的，富裕的
remarkable	值得注意的
middle income	中等收入
drastic	断然的，果断的

测验

请听报道并回答下列问题。

1. By how many cases has diabetes increased, according to the WHO report?
2. True or false? Eating too much sugar and fat may cause type 2 diabetes.
3. Where were most cases of diabetes found in the 1980s?
4. Was the shift in countries where people develop diabetes expected?

答案

1. By how many cases has diabetes increased, according to the WHO report?

By 314 million cases between 1980 and 2014.

2. True or false? Eating too much sugar and fat may cause type 2 diabetes.

True. Type 2 diabetes is associated with poor eating habits.

3. Where were most cases of diabetes found in the 1980s?

In affluent countries – places where people earn more money.

4. Was the shift in countries where people develop diabetes expected?

No. The WHO found it 'remarkable', which means extraordinary and worthy of attention.