

### About this script

Please note that this is not a word for word transcript of the programme as broadcast. In the recording and editing process changes may have been made which may not be reflected here.

### 关于台词的备注:

请注意这不是广播节目的逐字稿件。本文稿可能没有体现录制、编辑过程中对节目做出的改变。

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### In the Nick of Time 最后一刻

**Helen:** 大家好，欢迎收听地道英语。我是 Helen.

**Rob:** And I'm Rob. Helen, you look like you've been rushing. Here, have some water.

**Helen:** Oh thanks. I'm a bit out of breath. 我好久没锻炼了，有点喘不上气了。抱歉，我在银行办事儿迟了。

**Rob:** You got here just in the nick of time then.

**Helen:** Just in the nick of time? Shouldn't it be just in time?

**Rob:** Well, you can say both.

**Helen:** 你刚才说的 'in the nick of time' 这个短语经常能听到吗?

**Rob:** Yeah, I think so. It means at the very last moment. Let's hear how this phrase is used.

### Example

*Woman 1: Alice gave birth to a baby girl last night.*

*Woman 2: I thought she wasn't due for another three weeks.*

*Woman 1: It was early and they got to the hospital just in the nick of time.*

*Man: Sarah and I were on our way to see Beyonce in concert. But she left her mobile in the office, so we had to go back and get it.*

*Woman: Did you miss the show?*

*Man: Thankfully not, we got there just in the nick of time.*

**Helen:** 我们刚才听到一位孕妇正好在孩子出生前一刻赶到医院，而另一对恋人差点没赶上 Beyonce 的演唱会。

**Rob:** That would've been awful. You hear this phrase often used to suggest a disaster had been averted. If the action happened any later, then something awful could happen.

**Helen:** I see. 这个短语的意思是刚好，恰好，最后一刻赶到了。那么这是在英式英语吗?

**Rob:** I don't think the phrase 'in the nick of time' is specifically British. It originated from the UK, but English speakers from all over the world use it now.

**Helen:** 让我们听听例子吧。

### **Example**

**Man:** *We arrived just in the nick of the time. Another five minutes, our plane would have left without us.*

**Woman:** *Sam was experimenting with stir frying last night and the wok caught fire. Luke rushed in with the fire blanket just in the nick of time.*

**Helen:** That was close. 热锅烧菜起火了，还好 Luke 机灵没浇水灭火。就差那么一点点，不然就闯大祸了。

**Rob:** That would have been a catastrophe. So Helen, are you the kind of person who likes to do things at the very last minute?

**Helen:** Well, I'd like to think of myself as a person who can do things in the nick of time. Thanks for listening. Bye.

**Rob:** Bye.