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**Finn:** Hello and welcome to Authentic Real English. I'm Finn.

**Feifei:** And I'm Feifei. 我们正在参加一个高大上的派对。

**Waiter:** Champagne?

**Feifei:** Oh, yes please.

**Finn:** Oh, this party is full of famous actors, actresses and film directors.

**Feifei:** Very glamorous. (*whispering*) Oh look, there's... what's his name again? And what is he wearing?

**Finn:** Oh yes. What is he wearing? A bright purple suit...

**Feifei:** And pink leather boots...!

**Finn:** Yes! And he's got a few awards under his belt, hasn't he? Very successful...

**Feifei:** Under his belt? How do you know what he's got under his belt? I mean, we can see the purple suit and pink shoes, but...

**Finn:** No, no. If you say someone has something under their belt, it means they have a particular experience already – something that might help them in the future. So, in this case, he has the experience of winning a few awards already.

**Feifei:** 这为演员已经获得了无数奖项 he already has lots of awards under his belt. Under one's belt 这个短语实际表达的意思是指某人在以往的经历中已经获得的成功, 或已有的经验和阅历, 而不是指在某人的裤腰带下面。I think we need some examples to make that clearer.

### **Examples**

*After the new football manager had a few wins under his belt, he felt more confident.*

*I think Madeleine would be a great leader. She has so much experience under her belt.*

**Finn:** Now we've got some examples under our belt – is it easier to understand?

**Feifei:** Yes, thanks! Oh Finn, he's coming over – that famous actor.

**Famous actor:** Hi. I saw you chatting over there and thought I'd introduce myself. I'm Willy Wards.

**Feifei:** Lovely to meet you. My friend Finn says you've won lots of awards?

**Famous actor:** I have. Would you like to see them?

**Feifei:** Erm... OK?

**Famous actor:** I always keep them with me. They're right here... under my belt.

**Finn:** Oh I'm sorry, I think we have the wrong guy. Time to go Feifei! Bye!

**Famous actor:** But I really do keep them under my belt! Do join us again next time for more Authentic Real English.