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# BBC LEARNING ENGLISH

## Authentic Real English 地道英语

### Hangry 饥饿成怒

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#### Feifei

大家好, 欢迎收听 BBC 英语教学的《地道英语》节目。我是冯菲菲。

#### Sian

Hi, I am Sian.

#### Feifei

Are you OK, Sian?

#### Sian

Yes, of course I am! Can we just get on with the programme?!

#### Feifei

Um Sian, have you had your breakfast today?

#### Sian

No, I haven't. I overslept and then the bus was late and, uh, it's just not been a good day so far!

#### Feifei

没吃早饭可不行, 我觉得你还是先吃点东西再工作吧。Here, have this chocolate bar.

#### Sian

Oh, sorry. I know I'm a bit hangry this morning. I do tend to get moody when I don't eat. My husband's always complaining about it!

#### Feifei

Hangry? Hangry 是什么? 你是说 angry 吧?

#### Sian

No, 'hangry'. 'Hangry' describes someone who is angry – or irritable – as a result of being hungry. Like me today – I'm feeling a bit annoyed because I haven't eaten breakfast yet!

**Feifei**

You certainly are! **Hangry** 这个词是由“angry 生气”和“hungry 饥饿”组合而成的；用于描述某人本来已经很饿了，但由于其它各种不顺感觉饿上加怒，特别想发火。

**Sian**

Yes, that's right. Let's hear a few examples.

**Examples**

A: This food is taking forever to arrive. I'm not coming to this restaurant again.

B: Oh dear, someone's getting hangry! Let's get you some food quickly!

My boyfriend is a nightmare whenever he misses a meal; he gets so hangry!

People tend to get a bit hangry when their blood sugar level drops.

**Feifei**

Interesting. 话说我可从来没有 hangry 过， I'm always very chilled.

**Sian**

Is that right, Feifei? You know, I'm feeling much happier after eating that chocolate bar. Shall we do the programme again? I feel ready now.

**Feifei**

No! Come on, that will do. I'm starving!

**Sian**

Oh dear, it seems like you're a bit hangry too, Feifei! Let's get you to the cafe now.

**Feifei**

Good idea! Let's go.