
Vocabulary: copies and substitutions 词汇: 仿制品和替代品

The veggie burger: this humble non-meat burger **substitute** is a staple of many a vegetarian meal. Though vegetarianism has a long history that reaches as far back as Egyptian times, and while many a vegetable-only **stand-in** patty is likely to have been used in the interim, the term veggie burger is commonly attributed to a Gregory Sams of London, who in 1982 created the 'Vegeburger'.

So what is a veggie burger? Well, a hamburger is a meat patty between two halves of a bun. A veggie burger is **similar**, except the patty is a meat-free **equivalent**, commonly made from ingredients such as beans, tofu, nuts, grains and mushrooms. In many cases, the differences between the meat patty and vegetarian **surrogate** are clear, but Impossible Foods of Silicon Valley hope to put an end to that.

The Impossible burger is made of a plant-based iron-containing molecule that **resembles** blood. It's called 'heme' and it's a key ingredient in their wheat, coconut and potato-based meat **duplicate**. It apparently looks, smells and even bleeds like meat – but it's grown in a lab using biochemistry. This **replicated** burger is **indistinguishable** from meat 47% of the time in tests conducted among meat lovers, Impossible claims.

There are many non-meat **alternatives** that are designed to closely **imitate** meat and many non-vegetarians might wonder why. Marketing is one good reason: **faux**-meat products appeal to meat-lover and vegetarian alike due to their alleged health benefits. If you can have the food you love at a lower health cost, why wouldn't you?

Another reason is more ethical. Many people stop eating meat for moral reasons rather than dietary ones. They may seek to reduce animal suffering by boycotting meat products or wish to reduce the meat industry's large environmental impact. Livestock production is responsible for 18% of total greenhouse gases, according to the Food and Agriculture Organisation (FAO). However, they may still miss the taste of meat. Therefore **pseudo**-meat is a nice **fill-in**.

Finally, "there are associated feelings and memories that go with certain foods," says Thomas Banks, BBC Learning English producer and 15-year vegetarian. "I didn't grow up a vegetarian and sometimes I miss my family's cooking. **Replica** meat allows me to have a good home-cooked meal that's just like mum used to make." Who can argue with that?

词汇表

substitute	替代物
stand-in	顶替品
similar	相似的
equivalent	等同（的东西）
surrogate	替代的
resemble	看起来像，与...相似
duplicate	复制品
replicated	被复制的
indistinguishable	难以分辨的
alternative	供选择的物品
imitate	模仿
faux	假的
pseudo-	（前缀）假的
fill-in	代替者
replica	仿造的

测验与练习

1. 阅读课文并回答问题。

1. Who is said to have invented the term 'veggie burger'?
 2. According to Impossible Foods, how often is the Impossible Burger indistinguishable from meat?
 3. Apart from dietary concerns, why do many people become vegetarians?
 4. True or false: *Livestock production is responsible for 80% of total greenhouse gases according to the FAO.*
 5. Which word in the text means 'refuse to buy a product as a way of expressing strong disapproval'?
2. 请在不参考课文的情况下完成下列练习。选择一个意思合适的单词填入句子的空格处。

1. In the rain I didn't have my umbrella, so I used my newspaper as a _____.

duplicate	replicate	alternative	substitute
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2. Michael Jackson often _____ James Brown's style of dancing.

replicad	imitated	stand-in	surrogated
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3. I don't agree with wearing real fur. It's cruel. _____ fur is fine though.

fill-in	pseudo-	faux	simulation
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4. The two paintings seem _____. But if you look closer, one of them is a fake.

indistinguishable	equivalent	similar	imitate
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5. I don't _____ my father much. I look more like my mother.

similar	imitate	resemble	substitute
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答案

1. 阅读课文并回答问题。

1. Who is said to have invented the term 'veggie burger'?
The term veggie burger is commonly attributed to a Gregory Sams of London.
2. According to Impossible Foods, how often is the Impossible Burger indistinguishable from meat?
This replicated burger is indistinguishable from meat 47% of the time in tests conducted among meat lovers, Impossible claims.
3. Apart from dietary concerns, why do many people become vegetarians?
People become vegetarians to reduce animal suffering or the meat industry's environmental impact.
4. True or false: *Livestock production is responsible for 80% of total greenhouse gases according to the FAO.*
False. Livestock production is responsible for 18% of total greenhouse gases.
5. Which word in the text means 'refuse to buy a product as a way of expressing strong disapproval'?
Boycott. (They may seek to reduce animal suffering by boycotting meat products)

2. 请在不参考课文的情况下完成下列练习。选择一个意思合适的单词填入句子的空格处。

1. In the rain I didn't have my umbrella, so I used my newspaper as a **substitute**.
2. Michael Jackson often **imitated** James Brown's style of dancing.
3. I don't agree with wearing real fur. It's cruel. **Faux** fur is fine though.
4. The two paintings seem **indistinguishable**. But if you look closer, one of them is a fake.
5. I don't **resemble** my father much. I look more like my mother.