



BBC WORLD SERVICE LEARNING ENGLISH

London Marathon 2008 2008伦敦马拉松

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A Variety of Athletic Runners and Fundraisers 众多运动员和基金筹集人员

Read the text below and do the activity that follows.

阅读下面的短文，然后完成练习：

The London Marathon is an annual event and of the thousands of runners who take part, many of them have a story to tell as to why they are running the 26.2 mile (42.2 km) course around London.

This year the pressure was on for many of the athletes in the elite race. With the Beijing Olympics just around the corner, they wanted to ensure their places as Olympic marathon hopefuls for their countries. If they perform well in the marathon, they have a very good chance of being in the Olympic marathon event and doing well in it.

The men's race was won by Kenyan, Martin Lel, who finished the race in just two hours and five minutes, a personal best time for him. Irina Mikitenko was the winner of the women's race and this was astonishingly only her second race at marathon distance!

There was also a group of 24 runners who have competed in every single one of the 28 London marathons. Jeff Aston is one of them and at 60 years old, he finished in just over three and a half hours.

A lot of the non-competitive runners take part in the marathon to raise money for charity. Jeff estimates he has raised about £25,000 (350,000 RMB) over the 28 years he has been running.

Jane Tomlinson is a well-known name in the UK. She raised millions for charity doing long cycle rides, marathons and triathlons whilst battling terminal cancer, a battle she sadly lost last year.

As a tribute to Jane, her husband and daughter took part in the marathon. They managed to raise £20,000 (280,000 RMB) for a charity set up in Jane's name.

Another astonishing feat was blind runner Dave Heeley completing the marathon. As if that wasn't enough, this was his seventh marathon in seven days, as he took part in a special challenge which took him to seven countries.

Well done to all the inspirational runners on the challenges they met and the money they raised.

Glossary 词汇表

annual – 年度的，每年一次的	course – 路线
athletes – 运动员	the elite race – 精英赛
just around the corner – 近在眼前，很近	to ensure – 确保
hopefuls – 种子选手	personal best – 个人最好成绩
astonishingly – 令人惊讶的	non-competitive – 非竞争的（不是为了赢比赛）
to raise money – 募捐	charity – 慈善机构
estimates – 估计	triathlons – 三项全能运动
battling terminal cancer – 和晚期癌症做斗争	a tribute – （表示敬意的）礼物
set up in Jane's name – 以简 (Jane) 命名的	feat – 壮举
blind – 盲人，失明的	inspirational – 鼓舞或激励人的

1. Reading Quiz 阅读测验

Are these sentences true or false? Circle the correct answer.

以下句子哪句是真？哪句是假？请圈出正确答案。

1. The London marathon takes place every year. True / False
2. Martin Lel from Kenya ran his fastest marathon ever. True / False
3. The winner of the women's race, Irina Mikitenko, has never run a marathon before. True / False
4. Hundreds of people have run every one of the 28 London marathons. True / False
5. Blind runner Dave Heeley has run 7 marathons in one week. True / False

2. Running Idioms 1 关于跑步的成语1

Below are some idioms with the word run in them. Choose which you think is the correct meaning for each idiom (a or b).

以下所有的成语都有跑步 run 这个词，请从两个选项中选出每个成语的正确解释。

1. to hit the ground running.

- a. to fall over in a race.
- b. to immediately work very hard at a new activity and do it well.

2. to be up and running

- a. to be established and working.
- b. to go for a morning run.

3. to run before you can walk

- a. to try and do something difficult before you have even the basic skills.
- b. to achieve something great before you can have a rest.

4. to run rings around someone.

- a. to have more skill and intelligence than someone else.
- b. to ask someone to marry you.

5. to give someone a run for their money.

- a. to steal from someone.
- b. to be a very strong competitor against someone who is expected to win a competition or achieve something well.

6. to be in the running.

- a. to be in a good position to win or achieve something.
- b. to take part in a marathon.

3. Running Idioms 2 关于跑步的成语2

Now try to choose the correct idiom from below to complete each sentence.

请选用正确的成语来完成以下句子。

1. My new boss had high expectations of me when I started my new job. He wanted me _____ and achieve a lot very quickly.
2. He decided to run a marathon before he'd even gone for a short run. I thought he was trying _____.
3. When will the new computer system be _____? The old system keeps breaking down.
4. Manchester United are winning lots of games at the moment. They are _____ all the other Premier League teams.
5. Liu Xiang is definitely _____ to win a gold medal in the hurdles in the Beijing Olympics.
6. China has a very strong Olympic team. They will certainly _____ the other countries _____.

in the running

to run before he could walk

up and running

to hit the ground running

running rings around

give.....a run for their money

4. Wordsearch 单词搜索

Try to find the words associated with the London Marathon 2008 in the puzzle below.

There are ten words to find. Words can be written horizontally (g), vertically (i) or diagonally (m)

请在下面的字谜游戏中，找出与2008伦敦马拉松有关的英语单词来。

共有10个单词，其组成方式可能以水平的 (g) 垂直的 (i) 或对角的 (m) 形式出现。

a	h	o	p	e	f	a	r	f	e	a	m
m	s	h	l	e	t	e	r	u	e	p	a
a	h	t	l	y	c	h	a	r	i	a	a
r	o	n	o	d	m	x	r	e	a	t	t
a	p	f	e	n	r	p	e	f	u	l	h
t	e	y	e	l	i	t	e	k	h	j	l
h	f	r	u	t	i	s	e	l	i	d	e
o	u	r	a	t	h	l	h	o	p	e	t
n	l	w	q	c	h	a	r	i	t	y	e
r	s	r	a	n	e	m	a	r	n	t	h
r	u	s	h	m	a	r	a	t	h	g	s
w	i	n	i	o	l	y	m	p	i	c	s

marathon run athlete elite charity olympics feat race hopefuls astonishing

Answers 答案

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以下句子哪句是真?哪句是假?请圈出正确答案。

- The London marathon takes place every year. **True**
- Martin Lel from Kenya ran his fastest marathon ever. **True**
- The winner of the women's race, Irina Mikitenko, has never run a marathon before. **False**
- Hundreds of people have run every one of the 28 London marathons. **False**
- Blind runner Dave Heeley has run 7 marathons in one week. **True**

3. Running Idioms 2 关于跑步的成语2

Now try to choose the correct idiom from below to complete each sentence.

请选用正确的成语来完成以下句子。

- My new boss had high expectations of me when I started my new job. He wanted me **to hit the ground running** and achieve a lot very quickly.
- He decided to run a marathon before he'd even gone for a short run. I thought he was trying to **run before he could walk**.
- When will the new computer system be **up and running**? The old system keeps breaking down.
- Manchester United are winning lots of games at the moment. They are **running rings around** all the other Premier League teams.
- Liu Xiang is definitely **in the running** to win a gold medal in the hurdles in the Beijing Olympics.
- China has a very strong Olympic team. They will certainly **give the other countries a run for their money**.

2. Running Idioms 1 关于跑步的成语1

Below are some idioms with the word run in them. Choose which you think is the correct meaning for each idiom (a or b).

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- b
- a
- a
- a
- b
- a

4. Wordsearch 单词搜索

a								f			
m	s								e		
a	h	t								a	a
r	o		o								t
a	p				n						h
t	e		e	l	i	t	e				l
h	f	r				s					e
o	u		a				h				t
n	l				c	h	a	r	i	t	y
r	s				e					n	
	u										g
		n			o	l	y	m	p	i	c
											s